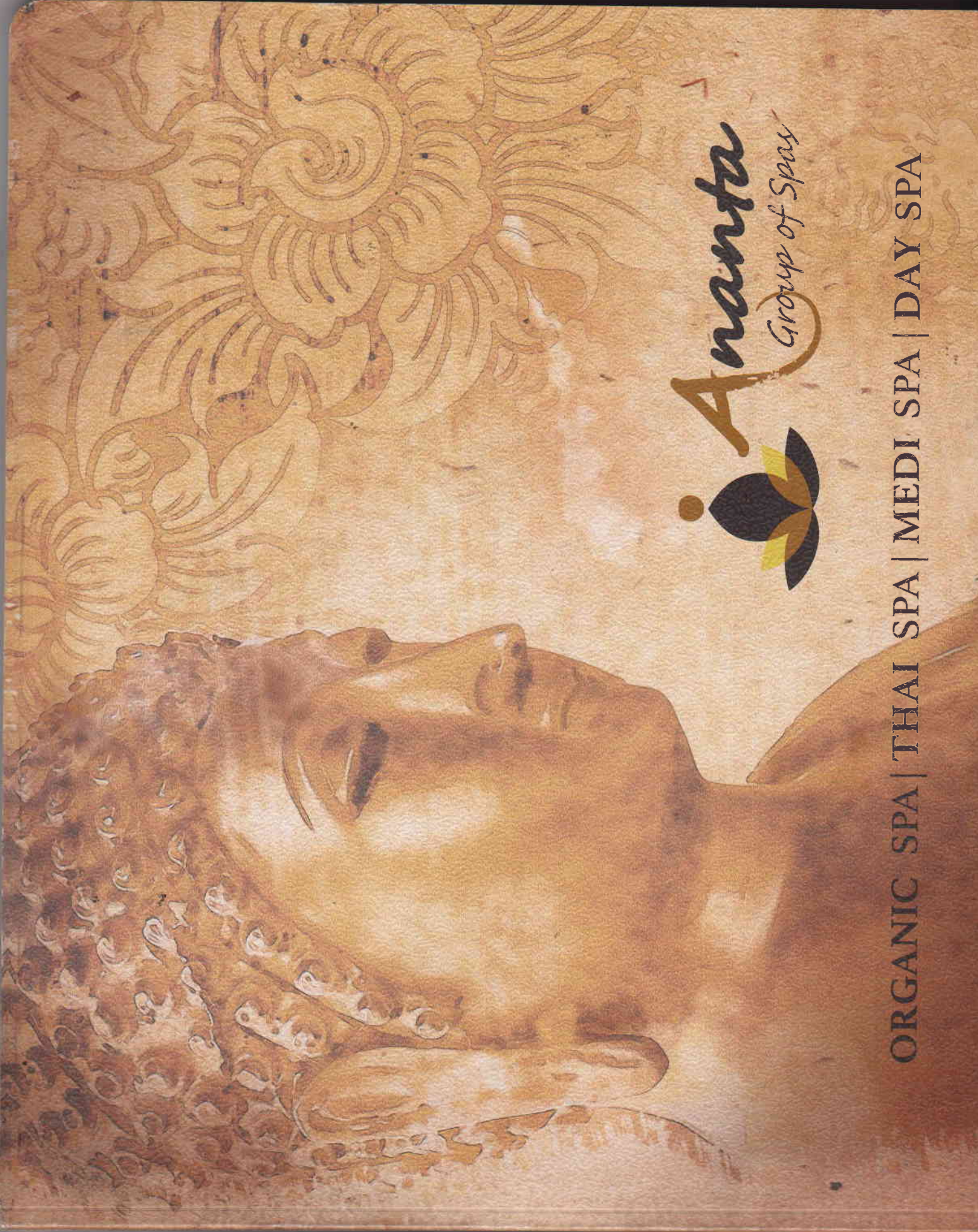




ORGANIC SPA | THAI SPA | MEDI SPA | DAY SPA

Body Therapies

Personalize your experience from our range of Organic Aroma Therapy Oils and if you are not a fan of Oil Therapies you can choose from our range of Organic Creams.

Scandinavian Therapy

This gentle Therapy helps to soothe the nerves. Long strokes using medium pressure leave you Relaxed and Rejuvenated from Head to Toe.

2543 / 3348/-
(60 / 90 Min)

American Deep Tissue Therapy

This Therapy involves specific techniques to release chronic muscles tension, blockage and knots, using firm, deep pressure.

2543 / 3348/-
(60 / 90 Min)

Indonesian Therapy

This is a Traditional Therapy from Bali that uses a combination of Stretches, Acupressure and medium pressure strokes to stimulate the flow of Blood, Oxygen and Energy around your body.

2543 / 3348/-
(60 / 90 Min)

Indian Hot Herbal Therapy

The body is gently given a Therapy with warm bags containing a combination of the finest pre-soaked herbs.

3348/-
(90 Min)

Hawaiian (Lomi Lomi Therapy)

Lomi Lomi Therapy is an incredible procedure in which the entire body is given a Therapy in a continuous movement. Warm Aromatic Candle Wax is used for this Therapy.

2543 / 3348/-
(60 / 90 Min)

Hungarian Therapy

This 2-hour Therapy is a very Relaxing experience. The Therapist uses only her fingers to press gently on the body's Pressure Points. You can opt to have a combination of our 30-minute dry Therapy followed by a Warm Oil Therapy, thus enjoying the experience and benefits of both procedures.

5000/-
(120 Min)

*Taxes Extra.

A 15 minute steam bath is highly beneficial along with the Organic Therapies.

Our Signature Therapies

Two Therapists will pamper you with our Signature Therapies and work in synergy amidst a special Ambience created by Aromatic Candles. The package includes Exotic Lip and Eye Treatment.

Hot Stone Therapy (90 Min)

This Therapy combines the Healing Human Touch with the use of Warm and Cold Basalt Stones to give Therapy to the Entire Body using Long and Gentle Relaxing Strokes, increasing the flow of Energy from Head to Toe.

4767/-

Jimbaran Therapy (Candle Oil) (90 Min)

This Exquisite Therapy using Firm and Deep Pressure combines various techniques to target and release Chronic Muscle Tension, Blockage and Knots.

5858/-

Couples Therapy (For 2 People) (90 Min)

Our Couples Therapy can set the tone for a Romantic Interlude or be a Delightful Bonding Experience with a Friend or Loved One. You and your chosen one can enjoy the experience together in a Customized State-of-the-Art Private Space.

6600/-

Couples Therapy including Scrub (For 2 People) (120 Min)

There's even more to this than our Couples Therapy. It includes a 30-minute Cleansing and Exfoliating Body Scrub that will leave you Totally Rejuvenated.

8000/-

*Taxes Extra.

A 15 minute steam bath is highly beneficial along with the Organic Therapies.



Signature Scrub Room

Cleanse & Purify

Ananta Organic Spa emphasizes inner healing and balance of Mind, Body and Spirit. The natural aromas of exfoliators and nutrients-rich masks stimulate the senses. The Scrub, Wrap and the Therapy leaves your skin feeling like silk and make you feel you're walking on air!

Exfoliants / Scrubs (30 Min)

Body Scrubs help slough off dead skin, purifying the pores and stimulating a healthy glow due to increased blood circulation. Exfoliators help the skin absorb subsequent treatments and products better.

1700/-

Wraps (30 Min)

Cocoon yourself in Warmth and Nourishment. Our masks and nutrients moisturize the skin, expel toxins, boost blood circulation and increase skin elasticity.

1700/-

Scrubs & Wraps (60 Min)

Enjoy the benefits of both the scrub and the wrap in this amazing combination. It's one hour of PURE BLISS!

1815/-



Taxes Extra

Moroccan Oil Treatment

Moroccan Head Therapy & Hair Wash (45 Min)

Enjoy a stimulating Head Therapy with Organic Oils. Moroccan oil moisture repair shampoo, which is Sulfate-Phosphate and Paraben Free, gently and effectively removes dirt from scalp and hair. It nourishes and revives weak and damaged hair, leaving it manageable and strong. It is rich in antioxidant Argan oil, Keratin and Fatty acids.

Men	Ladies
1025/-	Short Medium Long 750/- 1325/- 1525/-

Moroccan Oil Hair Styling / Blow Dry (45 Min)

This Moroccan journey starts with a Shampoo and Conditioner. Your hair is then Hydrated, Conditioned and Styled using products that fight Frizz and add definition while giving a Soft Hold to Blow-Dry

Men	Ladies
700/-	Medium Long 825/- 1320/-

Moroccan Oil Hydrating/Restorative Hair Spa (60 Min)

A High-Performance Formula which is rich in Argan Oil and Protein helps fortify and Re-construct hair that has been damaged by chemical treatments and heat styling. It leaves your hair more Beautiful than before.

Men	Ladies
825/-	Short Medium Long 1050/- 1250/- 1600/-



*Taxes Extra

Kerala Therapies

Aromatic Oil blends from Ayurveda Pharmacopoeias have been carefully chosen for these Therapies, which have Powerful Healing Properties. All ingredients used for these Therapies are native to India.

VISHRAM – Relaxation Therapy

2543 / 3348/-
(60 / 90 Min)

A full-Body Relaxing Therapy to melt away your Stress. Alternating palm and thumb strokes, skilled hands gently work on your tired and sore muscles. Fragrant Signature Oil blends with richness of Kewda, Frankincense and Brahmi, infused in Sandalwood and Sesame are used for this Therapy to release Tension, bringing Ease and Tranquility to your entire system.

ORJA DAYAKA – Energising Therapy

2543 / 3348/-
(60 / 90 Min)

A Deep - Muscular Therapy to lift your spirits and revive your inner vitality. A Special blend of Oil laced with fragrances of Nagarmotha, Pachouli, Tulsi and Asvagandha, will work on your Deep Seated Aches, releasing trapped nerves and balancing the flow of Energy in your Body.

PAVITHRI – Lymphatic Drainage

2543 / 3348/-
(60 / 90 Min)

A Unique blend of Oils with Goodness of Tulsi, Ginger and Lime, combined with the Lymphatic Drainage Technique, works from within eliminating Toxins and Refining the Whole System. Feel Revived and Energised.



* Taxes Extra

Indian Therapies

Ananta presents Traditional Therapies inspired by the Rich and Ancient Wellness Heritage of India and Rituals of Indian Royalty.

SAMMARDANA - Indian Deep Tissue Therapy

2543 / 3348/-
(60 / 90 Min)

A customised technique of Muscle Therapy performed by specially trained hands, which works on your Deep Seated Stress. Experience enhanced mobility of Joints and let a Deep Sense of Relief fill you.

PADA MARDANA - Indian Foot Therapy

2000 / 2700/-
(60 / 90 Min)

A Sublime Therapy is performed on your soles of your feet to create a profoundly Relaxing Experience. This Therapy benefits the entire Body by stimulating the Reflex Zones on the Feet.

PRISTA MARDANA - Back Therapy

2543 / 3348/-
(60 / 90 Min)

The first casualty of a Stressful Life is the Shoulder and Back, resulting in Pain and Tension. The Therapy has been created to eliminate Stress and bring relief through a Back and Shoulder Therapy. Deep cleaning, exfoliation Steam and the application of a Herbal Mask. Ideal for Sore Muscles.

Indian Head Therapy

2000 / 2700/-
(60 / 90 Min)

Our Signature Blend of Traditional Ingredients such as Amla, Brahmi, Jatamansi, Curry leaves and Neem are known to propagate long lasting and Enriching Benefits. This Therapy releases Muscular Tension from the Head, Neck and Shoulder, creating a Deep Sense of Relaxation.

* Taxes Extra



Salon Services

All-Natural Fruit Facial (Papaya/Carrot/Cucumber (45 Min)

Our Fruit and Vegetable Facials revive, refresh, cool, clean and hydrate your skin in the most natural way.

1750/-

Facial Express Clean (30 Min)

You need to look Good and Fresh, but you're pressed for TIME? Our Express Cleanup leaves you with a Glow that will make heads turn.

1250/-

Manicure & Pedicure Cleanse & Purify

Our Signature Manicures and Pedicures come with Hand and Arm Therapies, Cuticle conditioning, Exfoliation and Mask.

Organic (Manicure / Pedicure) (45 Min)

Organic (Manicure & Pedicure) (75 Min)

Delux Pedicure

600 / 800/-

1200/-

1017/-

Additional Spa Services:

Feel pampered with a Foot Ritual based on an Authentic Chinese procedure. A cleansing salt scrub is followed by a Therapy with a Pain-relieving Balm on all reflex points on the feet.

Foot Reflexology Oil

900 / 1500/-
(30 / 60 Min)

Foot Reflexology Cream

1250 / 1800/-
(30 / 60 Min)

Foot Reflexology with

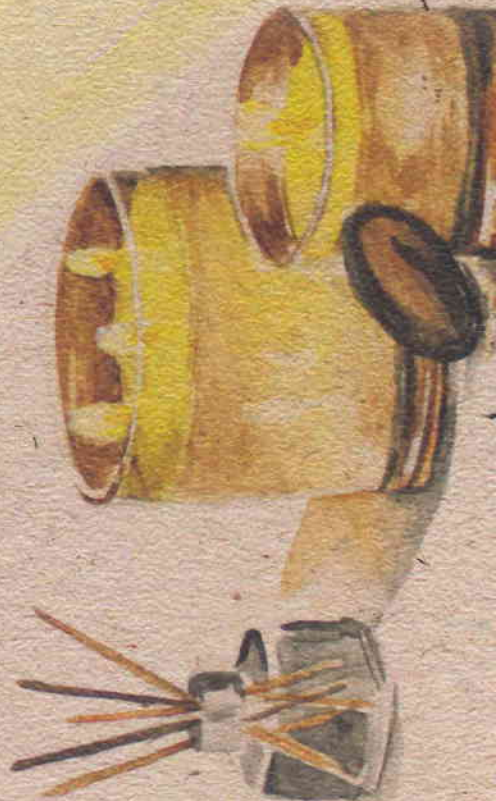
Back & Shoulder (90 Min)

2200/-

Back & Shoulders Therapy (30 Min)

900/-

*Taxes Extra



Traditional Thai Massage



The Stretching movements in the Nuad Bo-Rarn (Traditional) Thai Therapy rejuvenate the entire body by increasing Flexibility, Releasing both Deep and Superficial Tensions, and helping Natural Energy to flow more freely.

The effect of these Stretching movements, in which the client plays only a Passive role, is similar to Yoga. It is sometimes referred to as Passive Yoga, or

LAZY MAN'S YOGA!

It leaves you feeling both Relaxed and Energized.

Traditional Thai Dry Therapy

Nuad Borarn - The Traditional Therapy of Thailand is an Invigorating Experience that is a blend of Passive Stretching, Acupressure and Breathing Exercises. The Calm surroundings help this Healing Art to Work its Magic.

1700 / 2200/-
(60 / 90 Min)

Aroma Oil Therapy

Nuad Namman - Enchant your Senses with our special blends of the Highest Quality Traditional Herbal Thai Oils. As your body eases into a state of Relaxation, the Aromatic effects of the Essential Oils help to balance Emotions and remove Tensions.

2331 / 3000/-
(60 / 90 Min)

Aromatic Cream Therapy

Nuad Cream - The Nuad cream Therapy is a Traditional Thai Aromatic moisturizers used to elevate your Senses and take you into a state of Deep Relaxation.

2460 / 3100/-
(60 / 90 Min)

Balinese Therapy

This is a Traditional Therapy from Bali, in which the therapist uses a variety of techniques such as Acupressure Therapy as well as conventional Deep Tissue methods.

2331 / 3000/-
(60 / 90 Min)

Signature Thai Therapy (90 Min)

This is a unique Therapy developed to heal you on three levels i.e. Body, Mind and Soul. It starts with Dry Pressure Point work on Energy lines on your legs and feet to stimulate and renew your Body's Natural Rhythm. It continues into Medium to Deep Pressure body work using a special blend of essential Oils from the Doke Moke, an Indigenous Thai plant. Finally, our experts stretch your Entire Body, leaving you Refreshed, Renewed and Rejuvenated on all three levels.

3000/-

Thai Herbal Compress Therapy (90 Min)

Nuad Prakob Samunplai - Nuad Prakob Samunplai - Warm Herbal Compresses filled with Traditional Thai Herbs soothe Muscle Aches and Release Tension. This Therapy addresses Chronic problems such as Back Pain and Headaches, as well as Increases Energy Flow, Improves Circulation and Stimulates Nerves.

3000/-

*Taxes Extra



Foot Reflexology

Nuad Thao - Oil

900 / 1500 /-
(30 / 60 Min)

Nuad Thao - Cream

1250 / 1800 /-
(30 / 60 Min)

Reflexology is the art of Stimulating Specific Zones on the feet to remove Blockages and restore the Smooth flow of Energy through the body. These zones link to specific Internal Organs and this healing art will help promote Detoxification and increase Metabolic function, thereby improving Overall Wellness.

Back & Shoulders (30 Min)

660/-

Indulge in our Exceptional Back, Neck and Shoulders Therapy. Let Tension dissolve under the powerful fingertips of our specialists. Deeply Relaxing and Calming, Uplifting and Mind Clearing, the benefits of this treatment are manifold.

Foot Reflexology with Back & Shoulders (90 Min)

2200/-

Manicure / Pedicure (30 Min)

600/-

Give your Hands and Feet the complete attention and care they deserve. Includes Filing, Shaping and Buffing of Nails and Cuticle cleaning.

Pedicure (45 Mins)

800/-

Foot Ritual Balinese / Thai Style

Enjoy a unique pampering Foot Ritual experience based on the Authentic Chinese way. A cleansing salt scrub followed by a Therapy with Pain Relieving Balm covering all Reflex points on the feet.

550 / 880 /-
(30 / 60 Min)

Traditional Thai Head Massage (20 Min)

Nuad Srisa - Enjoy a Stimulating Dry Head Therapy the Traditional Thai way. Rejuvenating and Stress-Relieving!

800/-

Taxes Extra



Thai Herbal Steam (15 Min)

500/-

Traditional Thai Herbal Steam Therapy is one of the most efficient methods of ridding the body of Toxic wastes through the Skin and Lungs. The highly Aromatic Medicinal Herbs quickly absorb into the bloodstream and circulate directly into every tissue of the body, delivering their therapeutic powers to each and every cell. At the same time, the hot steam opens the pores and allows the herbal vapors to enter the skin to draw out toxins with the sweat. Eucalyptus steam bath helps in Breathing Better and Relaxing and Dilating Muscles of Bronchi, Trachea, and Lungs, therefore, decreasing the discomfort caused by Influenza, Catarrh, Bronchitis, and Lung Congestion.

Facial Treatment

All Natural Fruit Facial(Papaya/Carrot/Cucumber) (45Min)

1750/-

Revive your skin, use our all Natural Fruit and Vegetable Facials, it Refreshes, Cools, Cleans and Hydrates your skin in the most Natural Way.

Facial Express Clean (30Min)

1250 /-

Running out of time and you need to look Good and Fresh for any occasion. The Express clean-up leaves you with an Afterglow and your skin looking Fresh.



*Taxes Extra