


ITC HOTEL
RESPONSIBLE LUXURY

ITC SONAR
KOLKATA

1 JBS Haldane Avenue, Kolkata 700 046, West Bengal, India



Kaya Kalp

— THE SPA —

Treatment Name	Time	Price
SPA JOURNEY		
Passage to India	120 Mins	12000
Exotic Pomengranate	120 Mins	10500
Eastern Spa Journey	120 Mins	10000

AYURVEDIC RITUALS		
Abhyanga Massage	60 Mins	5200
Shirodhara (The Forehead Affusion)	45 Mins	6000
Hot Herbal Poulitice	60 Mins	5200
Ayurvedic Body Scrub	45 Mins	3500

RELAXATION RITUALS		
Kaya Kalp Massage	60 Mins	5200
Kaya Kalp Massage	90 Mins	7000
Deep Tissue Massage	60 Mins	6000
Deep Tissue Massage	90 Mins	7000
Hot Stone Massage	90 Mins	7000
Sacred Nature Nourish Ritual	120 Mins	10000
Traditional Thai Massage	90 Mins	7000
Tension Reliever	30 Mins	3500
Kaya Kalp Foot Massage	30 Mins	2750
Kaya Kalp Foot Massage	60 Mins	4000
Aromasoul Elements	60 Mins	5500
Aromasoul Elements	90 Mins	7000

REVITALIZING BODY TREATMENTS		
Indian Aromasoul Rice Exfoliation	40 Mins	4000
Pomengranate Sugar Scrub	40 Mins	4000
Himalayan Clay Body Envelopment	90 Mins	6000
Revitalizing Mud Wrap	90 Mins	6000

BEAUTY ESSENTIALS		
Japapati	30 Mins	2000
Bringraj	30 Mins	2000
Sugandha	30 Mins	2000

BEAUTY ELIXIRS		
Kaya Kalp Facial (All Skin Types)	90 Mins	6500
Action Sublime Facial	60 Mins	5000
Absolute Pearl Illuminating Facial	60 Mins	5000
Recover Touch Facial	60 Mins	5000
Pure Performance Facial	60 Mins	5000
Illuminating Anti Ageing Clean Up	30 Mins	3000
Sublime Skin - Eye Relief	20 Mins	2000

Treatment Name	Time	Price
PERSONALIZED FITNESS SESSIONS		
Take Home Fitness	60 Mins	2000
Circuit Training	60 Mins	2000
Personal Training Session	60 Mins	1500

BRISK		
Kaya Kalp Mini Indulgence	20 Mins	1000
Energy Revival	20 Mins	1000
Soothing Touch	20 Mins	1000
Express Escape	20 Mins	1000
Prishtabhyanga	20 Mins	1000
Padabhyanga	20 Mins	1000

HAIRSTYLING LADIES		
Hair Cut & Style	45 Mins	2500
Hair Trimming	30 Mins	1500
Blow Dry S/M/L/XL	60 Mins	1200/1500/1800/2000
Shampoo & Blow Dry S/M/L/XL	60 Mins	1500/1800/2200/2500
Shampoo & Conditioning Dry S/M/L	60 Mins	800/1200/1500
Straight Finish Ironing S/M/L/XL	60 Mins	1500/1800/2000/2500
Roller Set S/M/L/XL	60 Mins	1500/1800/2000/2200
Hair Crimping S/M/L/XL	60 Mins	1500/1800/2000/2500
Occasion Updo	60 Mins	3000
Hair Tong S/M/L/XL	60 Mins	1500/1800/2000/2500



Treatment Name	Time	Price
HAIRSTYLING (GENTS)		
Hair Cut & Style	45 Mins	1500
Kids Hair Cut	60 Mins	1200
Global Colouring	60 Mins	3200
Moustache Trimming	15 Mins	250
Beard & Moustache Trimming	30 Mins	750
Shave & Hot Towel	20 Mins	700
Beard Designing	30 Mins	750
Beard Colouring S/L	60 Mins	1500/2000
Head Massage	30 Mins	2000

HAIR COLOURING & HIGHLIGHTS		
Hair Colour - Ladies S/M/L/XL	120 Mins	3500/4500/5500/6500
Highlights S/M/L/XL	180 Mins	3000/4000/5000/6000
Root Touch Up	120 Mins	3000

HAIR SPA		
Dandruff Treatment S/M/L	60 Mins	2000/3000/4000
Relaxation Treatment S/M/L	60 Mins	2000/3000/4000
Hair Fall Treatment S/M/L	60 Mins	2000/3000/4000

HAND & FOOT CARE		
Kaya Kalp Manicure	60 Mins	2000
Kaya Kalp Pedicure	60 Mins	3000
Express Manicure	30 Mins	1500
Express Pedicure	30 Mins	2200
Nail Polish Application	15 Mins	700

BRIDAL PACKAGE		
Bridal Make Up	120 Mins	10000
Special Event Make Up	60 Mins	6000
Eye Make Up	60 Mins	3000
Light Make Up	60 Mins	4500

Treatment Name	Time	Price
THREADING		
Full Face	45 Mins	1000
Forehead	20 Mins	200
Eyebrow	20 Mins	250
Upperlip	15 Mins	250
Chin	15 Mins	300
Side Locks	20 Mins	250

WAXING		
Full Body	60 Mins	5000
Full Legs	30 Mins	1000
Half Leg	30 Mins	500
Half Arm	15 Mins	500
Full Arm	30 Mins	750
Under Arm	20 Mins	300
Bikini Line	20 Mins	750
Stomach	20 Mins	800
Back	30 Mins	800
Chest	30 Mins	800
Upper Lip	20 Mins	200
Chin	20 Mins	200
Bikini	30 Mins	1000

HOURS OF OPERATION		
Everyday		
Fitness Centre		Open 24 hrs
Pool		0600 - 2100 hrs
Spa		0900 - 2200 hrs
Wet Area		0600 - 2200 hrs
Salon		0900 - 2000 hrs

*All Prices are in Indian Rupees.
Government taxes as applicable*

