



# GOURMET COUCH

by



ITC NARMADA  
AHMEDABAD

• SIGNATURE MENU COLLECTION •

*A Responsible Dining Experience*



Gourmet Couch presents the culinary legacy and finest cuisine offerings from the signature brands and award-winning kitchens at ITC Hotels.

A curated menu from globally acclaimed restaurants brings alive exquisite epicurean delights, with curated signature preparations to suit discerning palates. Authentic recipes crafted with utmost hygiene and care ensure your wellbeing and a safe dining experience.



**WeAssure**

ITC Hotels' commitment towards health, hygiene & a safe environment

### Hygiene and Safety Measures



regular temperature checks and control



hygienically prepared fresh food



regular sanitation and cleaning



use of masks, gloves and other equipment as prescribed

### Dietary Indicators



Contains Extra Chili



Contains Soy



Contains Wheat/ Rye/ Barley/ Oats



Contains Milk



Contains Nut



Contains Egg

**NONG**

No Onion No Garlic

■ Vegetarian

▲ Non-vegetarian

While ordering please inform our associate in case you are allergic to any of the following ingredients:

Cereals containing gluten - i.e., wheat, rye, barley, oats, spelt or their hybridized strains and products of these | Crustacean and their products | Milk & milk products | Egg and egg products | Fish and fish products | Peanuts, tree nuts and their products | Soybeans and their products | Sulphites

Our Chef would be delighted to design your meal without them.

Vegetable Oil | Butter | Desi Ghee used in preparations

An average adult requires 2000 Kcal energy per day, however calorie needs may vary.



# From the World Kitchen



## ASIAN FLAVOURS

1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

### APPETIZER

#### VEGETARIAN

- Trio Mushroom Dry Chili with Chinese Style Soy Reduction 🍄🌶️ 500  
*Per serve (~162g) 283 Kcal*
- Hunan Style Chili Tofu 🌶️🌶️ 450  
*Per serve (~263g) 367 Kcal*
- Stir-Fried Water Chestnut Wok Tossed with Crispy Chili 🌶️🌶️ 550  
*Per serve (~352g) 480 Kcal*
- Green Beans with Tofu and Black Bean 🌶️ **NONG** 450  
*Per serve (~182g) 352 Kcal*

#### POULTRY

- ▢ Stir-Fried Minced Chicken with Chili Bean Sauce 🌶️🌶️ 550  
*Per serve (~260g) 614 Kcal*
- ▢ Stir-Fried Chicken with Fresh Chili 🌶️🌶️ 550  
*Per serve (~282g) 629 Kcal*



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Chili

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# ASIAN FLAVOURS

1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

## MAIN COURSE

### VEGETARIAN

- Braised Silken Bean Curd in Mala Sauce 🍄 550  
*Per serve (~262g) 418 Kcal*
- Clay Pot Mapo Tofu 🍄 600  
*Per serve (~240g) 398 Kcal*
- Shimeji & Shiitake with Pokchoy in Oyster Sauce 🍄 550  
*Per serve (~252g) 351 Kcal*
- Braised Mushroom Jewel Box Essenced  
with Truffle Oil 🍄 550  
*Per serve (~224g) 259 Kcal*
- Broccoli, Black Bean with Brown Garlic  
& Toasted Sesame 🍄 550  
*Per serve (~250g) 247 Kcal*
- Stir-Fried Leafy Greens with Garlic 🍄 550  
*Per serve (~280g) 197 Kcal*
- Purple Potato & Celery in Gung Bao Sauce 🍄 500  
*Per serve (~250g) 308 Kcal*
- Stir-Fried Waterchestnut and Bell Peppers  
with Homemade Chili Powder 🍄 **NONG** 550  
*Per serve (~352g) 680 Kcal*



Contains Soy



Contains Wheat/ Rye/  
Barley/ Oats

**NONG** No Onion No Garlic



# ASIAN FLAVOURS

1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours



## MEAT AND POULTRY

- ▣ Stir-Fried Shredded Duck with Hoisin Sauce 🍷🌶️ 1300  
*Per serve (~300g) 1786 Kcal*
- ▣ Hot Braised Chicken with Homemade Chili Powder 🍷🌶️ 850  
*Per serve (~250g) 557 Kcal*
- ▣ Gung Bao Chicken with Dry Chili, Chink Kiang Vinegar & Peanuts 🍷🌶️🥜 850  
*Per serve (~253g) 563 Kcal*
- ▣ Stir-Fried Shredded Chicken with Preserved Chili Sauce 🍷🌶️ 1300  
*Per serve (~254g) 552 Kcal*
- ▣ Wok-Tossed Lean Chicken with Coloured Peppers 🍷🌶️ 850  
*Per serve (~252g) 556 Kcal*
- ▣ Sliced Chicken with Shiitake Mushroom in Oyster Sauce 🍷🌶️ 900  
*Per serve (~254g) 452 Kcal*
- ▣ Shredded Lamb with Black Pepper & Wok-Tossed Asparagus 🍷🌶️🥬 1000  
*Per serve (~240g) 591 Kcal*
- ▣ Twice Cooked Pork with Traditional Sichuan Sauce 🍷🌶️🐷 1050  
*Per serve (~263g) 609 Kcal*



Contains Crustacean



Contains Soy



Contains Wheat/ Rye/  
Barley/ Oats



Contains Nuts



Contains Egg



# ASIAN FLAVOURS

1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours



## RICE AND NOODLES

- Wok Tossed Noodles - Spring Vegetable & Micro Greens 🍄🌿 600  
*Per serve (~280g) 434 Kcal*
- ▢ Wok Tossed Noodles - Chicken & Micro Greens 🍄🌿🍗 700  
*Per serve (~300g) 548 Kcal*
- Spring Vegetable Fried Rice 🍄🌿 600  
*Per serve (~320g) 855 Kcal*
- ▢ Chicken Fried Rice 🍄🌿🍗 650  
*Per serve (~350g) 956 Kcal*
- Steamed Jasmine Rice 600  
*Per serve (~300g) 680 Kcal*
- Stir-Fried Jasmine Rice with Soy & Burnt Garlic 🍄🌿 600  
*Per serve (~250g) 559 Kcal*



Contains Soy



Contains Wheat/ Rye/  
Barley/ Oats



Contains Egg



# Dessert Collection



1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

- **Gulab Jamun** 🌿🌿🌿 450  
*Per serve (~180g) 585 Kcal*  
Reduced milk dumplings stuffed with pistachio and cardamom, deep fried and doused in sugar syrup
- **Phirni** 🌿🌿 450  
*Per serve (~180g) 271 Kcal*  
A light dessert of milk and ground Basmati rice flavored with cardamom, set in earthen mould, topped with pistachio and almond slivers
- **Ras Malai** 🌿🌿🌿 450  
*Per serve (~160g) 365 Kcal*  
Poached dumplings of fresh cottage cheese floated in saffron flavored reduced milk sauce
- **Jasmine Tea Tart, Madagascar Milk Chocolate & Apricot Sponge** 🌿🌿🌿🌿 520  
*Per serve (~200g) 1532 Kcal*
- ▣ **White Forest Basque Cheesecake** 🌿🌿🌿🌿🥚 450  
*Per serve (~197g) 564 Kcal*  
Orange scented white chocolate & cherry cheesecake with lemon curd and saffron stewed apricot compote



Contains Soy



Contains Wheat/ Rye/  
Barley/ Oats



Contains Milk



Contains Nuts



Contains Egg

All prices are exclusive of Government Taxes. All prices are in Indian Rupees. We levy no service charges.



- Gourmet Couch menu is available from 1130 hrs to 1500 hrs and 1830 hrs to 2330 hrs.
- For further assistance, please reach out to us on: 079 69664000 / +91 7838038152 or email: mytable.itcnarmada@itshotels.in
- Please do inform us of any special instructions regarding your order and in case you are allergic or intolerant to any specific food ingredient. Kindly do refer the order number for the same.
- The minimum order value for free delivery up to a radius of 15 KM from the hotel or it's unit is INR 999 (exclusive of taxes). For delivery beyond 15 KM and up to 30 KM, a delivery charge of INR 350 (exclusive of taxes) will be levied.
- For orders below value of INR 999 (exclusive of taxes) and up to a radius of 15 KM from the hotel or it's unit, a delivery charge of INR 250 (exclusive of taxes) will be levied. For delivery beyond 15 KM and up to 30 KM, a delivery charge of INR 600 (exclusive of taxes) will be levied.
- Once order is confirmed after payment, please allow us 45 minutes to prepare your order for dispatch / collection from the hotel.
- Additional time may be indicated for specific dishes and bulk orders.
- In case of home delivery, your order shall be delivered to the farthest point with car access. You are requested to collect the food from this point. Our delivery agents are trained to follow safety protocols and maintain low contact delivery.
- The food must be consumed within 2 hours of preparation.
- Please re-heat the food to 75°C before consumption.
- No raw food accompaniments are being provided with your food.
- All prices are in Indian Rupees and exclusive of Government taxes and subject to change as applicable at the time of payment.
- We levy no service charge.
- Hotel shall not be liable for remote, indirect or consequential damages.
- Hotel's liability shall be limited to and not exceed the value of the disputed order, excluding any liability that cannot be limited by law.
- Disputes subject to exclusive jurisdiction of Delhi courts.
- For further assistance, customer feedback, please reach out to us on: 079 69664000 / +91 7838038152 or email: mytable.itcnarmada@itshotels.in

