GOURMET COUCH

by

ITC NARMADA

• SIGNATURE MENU COLLECTION •

A Responsible Dining Experience



Gourmet Couch presents the culinary legacy and finest cuisine offerings from the signature brands and award-winning kitchens at ITC Hotels.

A curated menu from globally acclaimed restaurants brings alive exquisite epicurean delights, with curated signature preparations to suit discerning palates. Authentic recipes crafted with utmost hygiene and care ensure your wellbeing and a safe dining experience.



While ordering please inform our associate in case you are allergic to any of the following ingredients:

Cereals containing gluten - i.e., wheat, rye, barley, oats, spelt or their hybridized strains and products of these | Crustacean and their products | Milk & milk products | Egg and egg products | Fish and fish products | Peanuts, tree nuts and their products | Soybeans and their products | Sulphites Our Chef would be delighted to design your meal without them. Vegetable Oil | Butter | Desi Ghee used in preparations

An average adult requires 2000 Kcal energy per day, however calorie needs may vary.

From the World Kitchen



ASIAN FLAVOURS 1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

APPETIZER

VECETADIAN

Contains Soy

VI	EGETARIAN	
	Trio Mushroom Dry Chili with Chinese Style Soy Reduction (Per serve (~162g) 283 Kcal	500
	Hunan Style Chili Tofu W Per serve (~263g) 367 Kcal	450
	Stir-Fried Water Chestnut Wok Tossed with Crispy Chili	550
	Green Beans with Tofu and Black Bean & NONG Per serve (~182g) 352 Kcal	450
P	OULTRY	
	Stir-Fried Minced Chicken with Chili Bean Sauce -> Per serve (~260g) 614 Kcal	550
	Stir-Fried Chicken with Fresh Chili Stir-Fried Chicken with Fresh Chili Stir-Fried Chicken <i>With Fresh Chili</i>	550

Barley/ Oats Chili
All prices are exclusive of Government Taxes. All prices are in Indian Rupees. We levy no service charges.

Contains Wheat/ Rye/

Contains Extra

NONG No Onion No Garlic

11	SIAN FLAVOURS 30 Hours to 1500 Hours 1830 Hours to 2330 Hours		
VEGETARIAN			
۲	Braised Silken Bean Curd in Mala Sauce (~262g) 418 Kcal	550	
	Clay Pot Mapo Tofu Per serve (~240g) 398 Kcal	600	
	Shimeji & Shiitake with Pokchoy in Oyster Sauce Per serve (~252g) 351 Kcal	550	
	Braised Mushroom Jewel Box Essenced with Truffle Oil Per serve (~224g) 259 Kcal	550	
	Broccoli, Black Bean with Brown Garlic & Toasted Sesame -> Per serve (~250g) 247 Kcal	550	
	Stir-Fried Leafy Greens with Garlic	550	
	Purple Potato & Celery in Gung Bao Sauce (~250g) 308 Kcal	500	
	Stir-Fried Waterchestnut and Bell Peppers with Homemade Chili Powder Nong Per serve (~352g) 680 Kcal	550	

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Contains Wheat/ Rye/ Barley/ Oats

Contains Soy

NONG No Onion No Garlic

ASIAN FLAVOURS 1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

MEAT AND POULTRY

Stir-Fried Shredded Duck with Hoisin Sauce (~300g) 1786 Kcal	1300
Hot Braised Chicken with Homemade Chili Powder Per serve (~250g) 557 Kcal	850
Gung Bao Chicken with Dry Chili, Chink Kiang Vinegar & Peanuts • Per serve (~253g) 563 Kcal	850
Stir-Fried Shredded Chicken with Preserved Chili Sauce	1300
Wok-Tossed Lean Chicken with Coloured Peppers Per serve (~252g) 556 Kcal	850
Sliced Chicken with Shiitake Mushroom in Oyster Sauce	900
Shredded Lamb with Black Pepper & Wok-Tossed Asparagus	1000
Twice Cooked Pork with Traditional Sichuan Sauce > <> Per serve (~263g) 609 Kcal	1050

Contains Crustacean

Contains Soy

Contains Wheat/ Rye/ Barley/ Oats Contains Nuts C



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ASIAN FLAVOURS 1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

RICE AND NOODLES

	Wok Tossed Noodles - Spring Vegetable & Micro Greens Per serve (~280g) 434 Kcal	600
	Wok Tossed Noodles - Chicken & Micro Greens	700
	Spring Vegetable Fried Rice <>> Per serve (~320g) 855 Kcal	600
	Chicken Fried Rice	650
۲	Steamed Jasmine Rice Per serve (~300g) 680 Kcal	600
	Stir-Fried Jasmine Rice with Soy & Burnt Garlic Per serve (~250g) 559 Kcal	600



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Contains Egg

from the

Indian Kitchen



1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

FRONTIER FLAVOURS

Tandoori Aloo Standoori Aloo Stan

1000

1100

1000

1000

1000

Per serve (~412g) 851 Kcal Scooped potatoes stuffed with potato hash, raisins, cashewnuts, chopped green chilies and green coriander, skewered and roasted in the "Earthen Oven"

Paneer Tikka NONG

Per serve (~408g) 1395 Kcal Fresh cottage cheese marinated in fresh cream, gram flour, ajwain and yellow chilies, skewered and grilled in the "Earthen Oven"

Tandoori Salad

Per serve (~471g) 330 Kcal

Onions, capsicum, tomatoes, fresh cottage cheese and pineapple seasoned with yellow chilies, garam masala, black cumin and malt vinegar, arranged on skewers and grilled in the "Earthen Oven"

Tandoori Phool \

Per serve (~312g) 782 Kcal

Cauliflower florets seasoned with yellow chili and spices, coated with spiced batter of gram flour and ajwain, deep fried, skewered and chargrilled

Tandoori Simla Mirch \$

Per serve (~443g) 471 Kcal

Capsicum stuffed with sauteed beans, carrots, cabbage, cauliflower, cashewnuts and sultanas, spiced with cumin and yellow chili powder, skewered and roasted in the "Earther Oven"

Contains Milk

Contains Wheat/ Rye/ Barley/ Oats



NONG No Onion No Garlic

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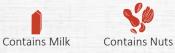
FRONTIER FLAVOURS

Dal Bukhara

Per serve (~382g) 520 Kcal

A harmonious blend of black lentils, tomatoes, ginger and garlic simmered overnight on slow charcoal fire, finished with cream and served with a dollop of unsalted butter

Paneer Khurchan 198 Per serve (~387g) 1087 Kcal Fresh cottage cheese batons, pan fried with tomato, capsicum and tempered with mustard seeds	1100
Paneer Makhani <i>Per serve (~484g) 1303 Kcal</i> Paneer cubes tossed in tomato, cream and cashew gravy, served with a swirl of cream	1100
Murgh Malai Kebab Per serve (~365g) 557 Kcal Creamy kebab of boneless chicken blended with cream cheese, malt vinegar, green chili and coriander, grilled in the "Tandoor"	1300
Reshmi Kebab <i>Per serve (~360g) 667 Kcal</i> Tender rolls of chicken mince spiced with black cumin, blended with cheese, ginger, garlic and royal cumin, chargrilled in the "Tandoor"	1300
Murgh Tandoori Per serve (~512g) 924 Kcal The "King of Kebab". Whole chicken marinated in a mixture of yoghurt, malt vinegar, ginger garlic paste, lemon juice, red chilies, yellow chilies, turmeric powder and garam masala, skewered and cooked in the "Tandoor"	1600







2700

1300

1300

FRONTIER FLAVOURS

Seekh Kebab

Per serve (~347g) 682Kcal

Tender lamb mince mixed with ginger, green chilies and coriander, spiced with royal cumin and saffron, skewered and grilled over charcoal fire

Barrah Kebab

Per serve (~312g) 558 Kcal
 Chunks of leg of lamb and chops marinated in a mixture of yoghurt, malt vinegar and melange of spices, chargrilled over "Red Hot Embers"
 Peshawri Kebab
 Per serve (~287g) 517 Kcal
 Boneless cubes of leg of lamb seasoned and marinated in chili powder, royal cumin, yoghurt, ginger garlic paste and malt vinegar. Skewered and

chargrilled in the "Earthern Oven"

🔺 Sikandari Raan 🖡

Per serve (~565g) 972 Kcal Whole leg of spring lamb, braised in a marinade of malt vinegar, cinnamon, black cumin, red chili paste and finished in the "Tandoor"

Murgh Khurchan Per serve (~488g) 1059 Kcal

Tandoori chicken slivers, pan-fried with tomato and onion

Murgh Makhani 18

Per serve (~489g) 960Kcal Chicken tikka, tossed in tomato, cream and cashew gravy, served with ginger juliennes and a swirl of cream





FRONTIER FLAVOURS 1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

195

195

225

195

225

195

INDIAN BREADS

Tandoori Naan M Per serve (~137g) 298 Kcal

Butter Naan M Per serve (~143g) 461 Kcal

Onion Kulcha M Per serve (~188g) 438 Kcal

Pudina Paratha Per serve (~141g) 458Kcal

Bharwan Kulcha M Per serve (~193g) 562Kcal

Tandoori Roti N Per serve (~82g) 218Kcal



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Dessert Collection

1130 Hours to 1500 Hours | 1830 Hours to 2330 Hours

Gulab Jamun <i>Per serve (~180g) 585 Kcal</i> Reduced milk dumplings stuffed with pistachio and cardamom, deep fried and doused in sugar syrup	450
Phirni S Per serve (~180g) 271 Kcal A light dessert of milk and ground Basmati rice flavored with cardamom, set in earthen mould, topped with pistachio and almond slivers	450
Ras Malai <i>Per serve (~160g) 365 Kcal</i> Poached dumplings of fresh cottage cheese floated in saffron flavored reduced milk sauce	450
Jasmine Tea Tart, Madagascar Milk Chocolate & Apricot Sponge & & Per serve (~200g) 1532 Kcal	520
White Forest Basque Cheesecake SSS 4 Constraints and saffron stewed apricot compote	450









- Gourmet Couch menu is available from 1130 hrs to 1500 hrs and 1830 hrs to 2330 hrs.
- For further assistance, please reach out to us on: 079 69664000 / +91 7838038152 or email: mytable.itcnarmada@itchotels.in
- Please do inform us of any special instructions regarding your order and in case you are allergic or intolerant to any specific food ingredient. Kindly do refer the order number for the same.
- The minimum order value for free delivery up to a radius of 15 KM from the hotel or it's unit is INR 999 (exclusive of taxes). For delivery beyond 15 KM and up to 30 KM, a delivery charge of INR 350 (exclusive of taxes) will be levied.
- For orders below value of INR 999 (exclusive of taxes) and up to a radius of 15 KM from the hotel or it's unit, a delivery charge of INR 250 (exclusive of taxes) will be levied. For delivery beyond 15 KM and up to 30 KM, a delivery charge of INR 600 (exclusive of taxes) will be levied.
- Once order is confirmed after payment, please allow us 45 minutes to prepare your order for dispatch / collection from the hotel.
- Additional time may be indicated for specific dishes and bulk orders.
- In case of home delivery, your order shall be delivered to the farthest point with car access. You
 are requested to collect the food from this point. Our delivery agents are trained to follow safety
 protocols and maintain low contact delivery.
- The food must be consumed within 2 hours of preparation.
- Please re-heat the food to 75°C before consumption.
- No raw food accompaniments are being provided with your food.
- All prices are in Indian Rupees and exclusive of Government taxes and subject to change as
 applicable at the time of payment.
- We levy no service charge.
- Hotel shall not be liable for remote, indirect or consequential damages.
- Hotel's liability shall be limited to and not exceed the value of the disputed order, excluding any liability that cannot be limited by law.
- Disputes subject to exclusive jurisdiction of Delhi courts.
- For further assistance, customer feedback, please reach out to us on: 079 69664000 / +91 7838038152 or email: mytable.itcnarmada@itchotels.in



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