

SPA MENU

SPA JOURNEY

	TIME	PRICE
Sangam	135mins	15500
Goan Cashew Ritual	120min	8000
Sadhana	120min	8000
Passage To India	120min	8200
Exotic Pomegranate	120min	8500

REVITALISING BODY TREATMENTS

Coconut body scrub	60min	4000
Pomegranate body scrub	60min	4200
Bitter Orange body scrub	60min	4000
Himalayan Clay wrap	60min	4000
Sandal Body wrap	60min	4000
Cucumber Body wrap	60min	4000

RELAXATION RITUALS

Kaya Kalp massage	60/90mins	4400/5800
Deep Tissue massage	60/90mins	4400/5800
Balinese massage	90min	5800
Lomi Lomi massage	90min	5800
Hot Stone massage	90min	5800
Traditional Thai massage	90min	5800
Indian Foot massage	60min	4200
Indian Head massage	60min	4200
Head/Foot/Back	30min	2100

BEAUTY ELIXIRS

Kaya kalp Facial	90min	5800
Absolute pearl facial	60min	4800
Recover Touch facial	60min	4800
Amritham facial	60min	4000
Marma facial	60min	4000

PANCHAKARMA THERAPIES

Snehapanam	20min	2600
Virechanam	60min	2600
Vamana	60min	2600
Sneha vasthi	30min	2600
Kashaya vasthi	30min	5300
Nasyam	30min	2200

AYURVEDIC RITUALS

	TIME	PRICE
Consultation	30min	3100
Abhyangam	60/90min	4400/5800
Synchronised Abhyangham	60min	6500
Marma Abhyangham	60/90min	4400/5800
Shirodhara	60min	6400
Udwarthanam	60min	4200
Choorna swedam	60/90min	4400/5800
Sarvangdhara	60min	6800
Bhuj Raksha	60min	4200
Kati Raksha	60min	4200
Njavarakizhi	60min	6400
Tharpanam	30min	2600
Kavala/Gandusha	30min	1200
Swedana Yantram	30min	1100

YOGA & MEDITATION

Yoga Nidra	60min	3200
Kati Raksha Yoga	60min	3200
Bhuj Raksha Yoga	60min	3200
Personalised yoga	60min	3200
Jal Neti	45min	3200
Trataka/Candle meditation	60min	3200
Kunjali Kriya	60min	3200
Shankh Prakshalana	120min	3200
Personalised fitness training	60min	3200

DAY PACKAGES

Spa Day out revival (Full Day)	480mins	24000
Marine experience(Half Day)	210min	12000

All prices are in Indian Rupees. Government taxes as applicable.

