Kaya Kalp
THE SPA

DESCRIPTION	TIME	PRICE	PER COUPLE
SPA JOURNEY			
Exotic Pomegranate	120 min	10,550	
Gardenia Delight	130 min	10,550	19,550
Passage to India	150 min	12,550	20,550
Go Green	180 min	12,550	21,550
Romantic Interlude	100 min	-	15,550
REVITALISING BODY TREATMENTS			
Pomegranate Sugar Scrub	40 min	4,250	
Aloe Vera and Mint Gel Scrub	40 min	4,250	
Indian Aromasoul Rice Exfoliation	40 min	4,250	
Sandalwood & Saffron Sugar Scrub	40 min	4,250	
Himalayan Clay Body Envelopment	90 min	6,250	
Revitalising Mud Wrap	90 min	6,250	
RELAXATION RITUALS			
Kaya Kalp Massage	60/90 min	5,650/6,750	
Luxurious Kaya Kalp Massage	60/90 min	5,650/6,750	
Aromatherapy Massage	60/90 min	5,650/6,750	
Deep Tissue Massage	60/90 min	5,650/6,750	
Traditional Thai Massage	60/90 min	5,650/6,750	
Tension Reliever Massage	30 min	4,450	
Hot Stone Therapy	100 min	8,450	
Royal Kaya Kalp	90 min	7,350	
Indian Foot Massage	30/60 min	3,950/4,950	
Sacred Nature Nourish Ritual	90 min	7,350	
Indian Aromasoul Treatment	90 min	7,350	

DESCRIPTION	TIME	PRICE
AYURVEDIC RITUALS		
Abhyanga	60 min	5,650
Shirodhara Therapy	60 min	5,650
Ayurvedic Body Scrub	40 min	4,250
Pizhichil	60 min	6,150
Padabhyangam	30 min	3,950
Shiroabhyangam	30 min	1,950
Hot Herbal Poultice	60 min	5,650
Nasyam	30 min	1,950
BEAUTY ELIXIRS		
Deep Cleansing Kaya Kalp Facials		
Kaya Kalp Facial	90 min	7,350
Absolute Pearl Illuminating Facial	60 min	5,650
Action Sublime Facial	60 min	6,250
Active Performance Facial	60 min	5,650
Recover Touch Facial	60 min	5,650
Express Facial	30 min	2,750
Eye Supreme	20 min	1,950
HAIR AND SCALP TREATMENT		
Indian Imperial Scalp Massage	30 min	2,150
Japapatti Treatment	30 min	2,150
Sugandha Treatment	30 min	2,150
Bhringraj Treatment	30 min	2,150
Heavenly Scalp & Shoulder	45 min	3,500
Heavenly Shoulder Treatment	15 min	1,500

Kaya Kalp
THE SPA

DESCRIPTION	TIME	PRICE	PER COUPLE
Bath House			
• Luxurious Milk Bath	30 min	3,350	3,750
• De-Stress Bath	30 min	3,350	3,750
• Up-lifting Bath	30 min	3,350	3,750
Facility Fee			
• Use of Pool and Wet Area	120 min	2,000/per person	
• Personalised Yoga Session	60 min	1,950/per person	

DESCRIPTION	TIME	PRICE
Brisk Package		
• Kaya Kalp Mini Indulgence	20 min	1,950
• Energy Revival	20 min	1,950
• Soothing Touch	20 min	1,950
• Express Escape	20 min	1,950

ITC HOTEL
RESPONSIBLE LUXURY

ITC GARDENIA
BENGALURU

1, Residency Road, Bengaluru - 560025 Tel : +91-80-2211 9898 Fax : +91-80-2211 9999
Tel : Spa Direct : +91-80-4345 5260
Email : kayakalp.itcgardenia@itchotels.in

Salon

CROWNING GLORY HAIR CLEANSING RITUALS

	TIME	PRICE
WASH ONLY	30 MINS	1200
BLOW DRY ONLY	30 MINS	1200
SHAMPOO & BLOW DRY	45 MINS	2000
SHAMPOO & HAIR STYLING	45 MINS	2000

HAIR SPA

HAIR FALLING TREATMENT	60 MINS	2000
DANDRUFF TREATMENT	60 MINS	2300

DESIGN CUT

RESTYLE	30 MINS	2200
TRIMMING	30 MINS	1300
TRIMMING (KIDS)	30 MINS	850

COLOURING

SHOULDER LENGTH HAIR COLOUR	60 MINS	4500
LONG LENGTH HAIR COLOUR	120 MINS	5400
ROOT TOUCHUP	60 MINS	2400

HOURS OF OPERATION

KAYA KALP - 0800 HRS TO 2200 HRS | SALON – 0800 HRS TO 2100 HRS
FITNESS CENTRE – 24 HRS | SWIMMING POOL – 0700 HRS TO 2000 HRS

FOR MORE INFORMATION OR TAKE AN APPOINTMENT, PLEASE CALL **+91 80 2211 9898** OR **+91 80 6682 5260**

SERVICES CAN BE AVAILED ON PRIOR APPOINTMENTS ONLY | ALL PRICES ARE IN INDIAN RUPEES AND EXCLUSIVE OF TAXES | SERVICE TAXES AS APPLICABLE

Salon

ITC HOTEL
RESPONSIBLE LUXURY

ITC GARDENIA
BENGALURU

HAIR STYLING MENU

FOR KIDS

		₹
U-V Layer	30min	600
Feather-Layer	30min	600
Spiral-Layer	30min	600
Fringe-Layer	30min	600
Razor-Layer	30min	600
Graduate-Bob	45min	800
Classic-Bob	45min	800

		₹
Classic-Cut	30min	600
Crew-Crop	30min	600
MultiQuiff-Cuts	30min	600
Under-Cut	45min	800
Fade-Hi-top	45min	800
Fade-Mess-up	45min	800

HOURS OF OPERATION

KAYA KALP - 0800 HRS TO 2200 HRS | SALON – 0800 HRS TO 2100 HRS
FITNESS CENTRE – 24 HRS | SWIMMING POOL – 0700 HRS TO 2000 HRS

FOR MORE INFORMATION OR TAKE AN APPOINTMENT, PLEASE CALL **+91 80 2211 9898** OR **+91 80 6682 5260**

SERVICES CAN BE AVAILED ON PRIOR APPOINTMENTS ONLY | ALL PRICES ARE IN INDIAN RUPEES AND EXCLUSIVE OF TAXES | SERVICE TAXES AS APPLICABLE

FLEXI WELLNESS PLAN

BUY NOW, USE LATER

Zen 10

- 10 (60 minutes) spa treatments of your choice at INR 29999 + taxes*
- 10 (90 minutes) spa treatments of your choice at INR 39999 + taxes*

Zen 24

Priced at INR 49999 + taxes*

- 14 (60 minutes) spa treatments of your choice
- 10 salon treatments of your choice

Gym and Pool Membership

- 60 Day Silver Plan: INR 24999 + taxes per person
- 120 Day Gold Plan: INR 39999 + taxes per person

*Day count begins from date of the first workout.

Kayakalp 365

A full year spa membership: INR 69999 + taxes

Inclusions:

- 14 (90 minutes) spa treatments of your choice
- 10 salon treatments of your choice

*Conditions apply
*Valid for a period of 365 days from the date of purchase

Kaya Kalp
THE SPA